

HEALTH & WELLNESS



“Health and Wellness are universal terms acknowledged in the field of healthcare, dentistry and our personal well being. Medical professionals, scientists and psychologists all agree that proper management and care of the body, mind and spirit is key to a longer life expectancy.”

In our demographic area health variation exist that result in a society in which access to health care is not readily available to all without regard to their economic abilities. As a result, various groups of individuals bear a startlingly burden of disease and disability.

Kids On The Move America Health and Wellness Programs will educate students and parents utilization of services in order to make an impact with the culturally diverse populations.

Learning Objectives:

- Enlighten students about the value in prevention health and dentistry to keep you enjoying life and staying well.
- Demonstrate the use of health prevention strategies by implementing a plan of action to promote healthy body/mind images among our students.
- Establish a medical and dental public health work force team, who will provide preventive care for students.
- Communicate and Facilitate with community clinics to assist as health care providers.

The components of the programs include an oral health assessment in conjunction with saliva testing.

- Saliva testing is accessible in a non-invasive method to monitor the health status, disease onset and progression. Saliva can be used as a predictor of diabetes, periodontal disease, dental caries, cancer, and endocrine hormonal disorder.
- Students will learn the importance of healthy oral health and overall health. Your mouth is a window into what’s going on in the rest of the body.
- Untreated cavities, chronic toothaches and abscess will affect the ability of students to concentrate in school and study at home.
- Preventive dentistry care, dental examinations & dental treatment will be provided for our students as a plan of intervention for dental issues.

At the completion of the programs students would have received preventive dental intervention and caries free that is critical to reduce oral health problems. They would have learned techniques and best practices on maintaining excellent health and dental hygiene.